

First Quarter Predictions 2010

Sue Yarmey Channels The Many - December 9, 2009

We are here. We know that there are many questions you will have in regard to what is going to be happening in your new year. We are more than happy to address them with you. Prior to that, we can talk about the Norway light that you are all curious about.

Norway Light

No, it was not from a missile though part of it was launched in a human way. We will say there is a combination going on between what we are bringing to you and what you are bringing to us. We can say to you that there was an experiment that we chose to change. So the light might have had a physical manifestation on your planet, we then chose to adjust it to something less ominous than what it could have been. We will simply leave it that yes, indeed, this is communication but in a new and different way. The spiral was on purpose. As you said, it replicates the DNA.

We are working with everyone on your planet to get you to see that your DNA is not just third dimensional but rather multidimensional. Sending this energy out in the way we did, will assist those who are interested in creating their multidimensional DNA will be assisted by this new light. It will be talked about for some time. It has been dismissed already since they do not want to really understand what exactly happened. That is fine. It is best left that way.

We will say, however, you will probably be seeing more and different kinds of lights in the sky. What is happening, is there are more people coming to your planet. You're having a convention but you did not know it.

The convention has to do with the pivotal role the earth will be playing in the alignment of the planets in your 2012. As you know, some things require preplanning and that is what we are doing. We are planning for the new energy shifts and changes that will be coming. It is not just your planet we are working with, we are working with all of them. In working with the planets, we are adjusting the energy per the instructions of the planet. It has nothing to do with anyone else's desires.

Although there are other desires out there that would wish certain things to happen in certain ways. So we will, suffice it to say, you will see more of us. We have already mentioned this. You will see us in the skies. You will also see us on your streets and different ways. When you see someone starting a, we will say. . . The masses are amassing. We were speaking of the changes in the energy of the majority of the people upon your surface of the planet. We will say that some of these people will be leaders. Some of these leaders, perhaps, will not be one hundred percent human. That is fine. You will not necessarily know the difference. It does not really matter. There is no real difference if you are looking at the energies and not just the physicalities. The biggest difference will be the understanding of the multidimensionality of all things instead of the single, third dimensional thought processes that hold all of you back.

So keep in mind when you hear a good idea, you might wish to put your support behind that good idea and the person who is out there in the front row pushing the good idea. There will be other ideas pushed by others, others you may not like. We then suggest you not support that person and that particular idea. You all have the intelligence to determine good from bad for yourselves in any given moment. It is not so much a good/bad or right/wrong but more a what you are desiring versus what you are not desiring.

There will be more energy coming to your planet, and you will see them in different ways. By "them" we mean the things and perhaps the beings as well. But it is simply energy. It is energy being utilized in certain ways for the alignment and the request for a particular kind of alignment from the planet on which you dwell.

PREDICTIONS

So we will then begin to speak to you of the changes for 2010. We will call it your first true stepping stone to your year 2012.

EARTH CHANGES

As you take this step, this particular step into the year of 2010, what you are doing with the

pressure of this is drawing to you some things that have already been put into action. **The things you are drawing to self is a new and different understanding of how energy will actually work.** It will be a breakthrough in many areas, but until you comprehend exactly what is being shown to you, it will be a rough time period until the light bulb goes off. By this we speak of your Earth shifts and changes first. When we speak of that we speak of it also in parallel to what your bodies are doing. Please recognize that Earth has gone within to heal and that you are all going within to heal whatever that may mean to you as an individual.

As Earth goes inside to heal, she pulls away some of her energy that has been supporting all around her including those of you who live upon her surface. As she pulls this energy in, you are then faced with the dilemma of how do you handle now the support that she once gave you that has now fallen into your hands to support?

It is not understood yet how people coming together in community have energetic power to assist and change something in their midst, and yet if you go back to Emoto (Dr. Masaru Emoto, *The Hidden Messages In Water*), the man who has done the water experiments, and see what he has done with community, you will better understand how you can work with Earth. When he had people join hands around a pond and clean the water by conscious thought, it happened. If you want to think about it on another level, when everyone found out about what was happening at Chernobyl and the overall agreement was that it could not be allowed to happen, it was stopped.

The power of the collective information that happens within each and every individual is most powerful indeed but still not understood. It is why prayer works – You have a certain number of people sending energetically a very specific message for a specific reason. It can be one or it can be one thousand. It does not matter. What matters is the size that is affected. So understand one of the things going on within you, within your molecular knowledge is an awakening of information that has been in your coding since you chose to come to the planet. You will understand this as Gaia goes through her changes, so we will speak of those changes.

You will be hearing more in your first quarter of **the rising and fallings of certain bodies of water.** You will be hearing more of **the rising and falling of pieces of land.** You will be hearing more of the **rising and falling of volcanic issues.** **Anything and everything related to the Elemental Kingdom will be rising and falling throughout your first quarter.** The reason being it is suddenly in a position not to be held by the energy of the planet, but rather by the energy of those living in the area. This is where fear comes in. If the people living in the area have always lived there in a fearful way of what could happen because they are living where they are living, then they will be producing those fears. And so you will see those people fearful of living on the side of a volcano will create that volcano to erupt even though you might not have believed it was active. For those people who have been living on the crest near a river always laughing at the fact that they were controlling the river, again working with a fear energy and not a respectful love energy, they will find that they are incorrect, and the banks that have never overflowed in the past may be overflowing.

When you see the Earth changes happening in you first quarter, we will ask you to go to that area and ask some very important questions. The first question is do the people in that area respect the planet. The second question is do the people in the area respond from a place of love and respect of the planet or do they respond from fear of the planet. When those questions are answered, you can then do your own predictions on what will be happening in that given area. Farmers who fear that their crops cannot grow will have their wishes come true. People who fear that they cannot survive will have their wishes come true.

Understand the power now that you are working with the planet is exceptionally stronger than it has ever been before. It means that you are in contact with Gaia, but now because of where she has placed her energy, she has given you power of the upper level surfaces. So there will be much changing in her physical structure, as there will be much changing in your physical structure as well. It is one of the reasons we will work with you in regard to your pain levels to release those fears that have no place in these changes that are coming.

We will also say that Gaia has chosen to change her spin. In doing this, she will be changing all of her environmental zones a little differently than they have been in the past. **Both her spin and her**

tilt will be shifting, and measured in this new quarter.

There will be more argument about man-made climate change. We find it most amusing for how can as many people live upon the planet as live upon the planet and not create a climate change that is based on your living there. It is that simple. To argue it is foolish and will get no one anywhere. All you can do at this point is act upon what you feel is most appropriate for who you are. If you wish clean water, then you need to put your energy into the belief that says you are deserving of clean water. Come away from complaining that it is bad or blaming someone who has created the badness or what you see as badness of that water.

The Earth information will be education for your first quarter, an education to bring yourself back into the arms of Gaia and understand your connectedness to her. You will no longer be as separate as you have allowed yourself to be, and some will understand this differently than others. In the understanding of this, some will be on the forefront to make change, and others will be crying and saying there is no way to help or take care of. It will always, of course, be your choice, Gaia has made up her mind in her direction. It is important for you to make up your mind in your direction. That has to do with who you are not necessarily with who she is. We are asking you to support her, but in doing so supporting self first, for one cannot happen without the other.

We will also say to you there are going to be experiments of a man-made nature happening within the planet of Gaia. That would be underground testing of certain things. This is not to the benefit of the planet any more than it is of the benefit to the individuals who live upon the planet. There will be things happening that will make these first very public - things that they have tried to keep secret, and second they will not succeed in the ways they wish to succeed for it is no longer allowable to have such experiments within her core. We will say as these experiments try to happen, there will be exposure to who is setting them up, and there will no longer be an acceptance that it is okay. For monies are being funneled for some of this that is best utilized in other ways in helping the masses. It will be a sense of more than frugality, but a sense of money better spent assisting those living versus trying to understand things that cannot pay off except in a negative way. We are saying as the masses amass they will be more aware of these things that are happening, and if enough are willing to say we no longer wish this to happen, the funding will dry up.

This underground testing will be made more public at some point due to an error, and we mention to you that part of your Norway spiral light belonged to us, and part of it belonged to you. There will be similar incidents where we will be stepping in to correct things that have gone what would ultimately be termed 'wrong' before they are out of hand and harming something that will harm the Universe, for you are still a very important peg in this design of the Universe. And as the energies come toward 2012 and align in a certain way, it is important that you, meaning the planet Earth, be part of this alignment.

GOVERNMENTS & POLITICS

Governments will be affected by what will be happening within your planet. Understand that as Gaia solidifies her core self, there will be many out looking to take advantage of changes happening upon the planet, and that is where your governments come in.

Your governments in general across your globe love to use fear as their motivating factor in keeping people where they wish those people to be. Once people reach a certain level of their own fear issues, no more fear need be added for they are already responding as the frightened herd. The difference this time out is that there will be different leaders adjusting and changing and directing the herd in ways that have not happened before in the past. The question will be is the fear going to be louder than the love. We would say to all of you and all who care to read this information that if you can answer the question for self 'am I doing or not doing this based on fear', then you know your direction is not an appropriate direction for you. If you are doing this or accepting this based on love, then you know that your direction is the right direction for you. It will be very individualized, but it will also be from the masses that these changes will happen, and that is why this falls under the heading of Governments.

You will see changes in governments, especially in those areas that have been war torn for so many years. You will see these changes happening in subtle ways as people quietly, having hit that level of 'it does not matter any longer whether I am alive or dead so therefore I will do this', will be finding their power through their weakness. We know that that is contradiction for those of you who live within your dimension, but we will say to you, you will be seeing it in certain areas for it will be the strength to pull people out of where they have been stuck for so long.

There will be refusal on an international level to buy into certain things. You will see a shift in your diamond industry. You will see a shift in products manufactured in other countries at the expense of the peoples. You will see a change in the governments who are looking to be part of the whole world who must adjust their thinking process in order to be included. It will be like the bully in the playground. Until the bully can mask the bulliness of self, they will not be included and allowed to play with the other children. It does not make them safe. It does not make them trustworthy. It simply puts them in a position where they will be adjusted to the energy of others around them until eventually their energy also shifts and changes.

Make yourself aware that if steps are being taken only for profit, they are not appropriate steps. If steps are being taken to profit for the individual, they are appropriate steps. The government will begin to see this towards the end of your first quarter.

The first quarter of your new year will be bickering, country to country. There will be the 'we are right and you are wrong', 'we must not say you are wrong for we are fearful if we do, you will do this.' That will be overcome towards the latter part of your first quarter because the people's needs will outweigh the mediocre way in which people are greeting each other government to government for it is outward focus only and inward focus will be learned.

Be aware that there are two different governments upon your planet who would like to be pushing buttons to blow things up. **We will say to you that this can and should and needs to be handled in a diplomacy way and not in an action way.** We say this to you for there is enough of the energy of war upon your planet without adding to it. There is a knowledge of how this can be done but will not happen until there is education among some of the warring elements.

The education will be coming in a very bizarre way through religion. It sounds also like it could be contradiction, but it is not. If you are educated in any particular way, even if through your religion, then there is a positive outcome one can look forward to. The difficulty is once religion is given any kind of power, it tends to work itself into something else and loses the trueness of the individual.

So we will say that the government's use of religion, and that is exactly what it will be, will be towards manipulation and not towards freedom. There is an understanding that to a certain point it can assist those who are in need until you reach another point where hopefully there will be enough information granted through the religion that the religion cannot keep a hold over but rather be bonded with. **Government will be using whatever they can use in order to control.**

There is no need for your country, your United States, to become paranoid of the deficit of which you have created for **money has no real meaning or knowledge.** It is the use of the energy that is most important. Your President is doing his best to make this known but does not understand the underlying principle either. He will be getting an education in this towards the end of your first quarter. As his education increases, he will have what you call some good ideas. They will not be met with embracing for people are still fearful of any kind of change, and every time change is mentioned, people become needful to make the change be what they can accept or desire and not what the other person can accept or desire rather than the notice that each will be different in their own way.

Your Government within your country of the United States will try again to play Big Brother. They will discover that Big Brother is not necessarily wanted, and yet at the same time, it is important that the United States remains open enough at least to want to be Big Brother, rather than the Big Brother who pounds upon his sibling, the Big Brother who offers a hand to the sibling so that they can remove themselves from where they have fallen.

There will be much dissection of the political machinations of your country. It will be done more internally than externally, meaning within your country and not as much with others outside of your country. The things that have leaked were leaked on purpose. The things that will be leaked will

be leaked on purpose. We will call these 'things' government information for now. So keep an eye on your government, and when you are asked to be a Big Brother or Big Sister to someone, do not accept the responsibility from the position of what you can get away with but rather from the position of how can I help them, and in helping them help myself, and in helping myself help them for it is all of the same.

We will also say, although it is not expected, there will be a shift in India in the government way of addressing the masses for they are going to have some difficulties feeding their people. That is because of some of the Earth changes and shifts we were speaking of and there is great graft and corruption in that country. Because of that there will be those difficulties and issues.

So expect your first quarter to be a quarter that will be redefining where you are heading government to government for the rest of the year 2010.

RELIGION AND SPIRITUALITY

We would like to now speak of religion. Religion is something that within your limited minds you always create a kind of brainwashing, for if each and every religion is the only perfect, correct, right religion, then everyone is wrong. So we will say to look at your religion in a new and different way, and if it is offering to the people in general a way for survival in a comfortable way while honoring the individual, we will say by all means, support your religion. If you cannot do it in that particular way, then start looking at it as your own spirituality. In spirituality, if you feel you can be supported by the religions around you, singular or plural, by the peoples around you, singular or plural, who will honor your individuality and accept the fact that there is no right or wrong or good or bad then you have fallen into the place that will assist you in your own changes. The changes that are coming from the religions and the spiritualities are the opportunities they have to form a power that is greater than has been out there before. When you get enough people together, thinking, using, organizing with the same energy, there is great power behind that.

We spoke earlier of working with the planet in this way. We will speak of it again for you have done this through your history. You have used your churches and your mosques and your various religion places to gather and pray for, and in doing this, you have affected your history. It is time to do it again, but not necessarily in the same organized ways as you have done it in the past. The ways we are speaking now are for the individual to go within to understand within themselves what love feels like, to understand within themselves the need to then take that love and emanate that love from self to all others, and in doing such pray, not in the way for what you wish to have happen, but pray in the way that says this is the vibration that is most helpful for me and the one I expect to be living in. In doing this through your religions or through your spirituality, you will find your power is very different from the way you have seen it in the past.

You will be able to find yourself capable of what the religions have called miracles. You will find yourself able to conduct changes within your atmosphere, within your planet, within your physicalities in ways that you never understood before. It is not from faith or believing in something outside of self. It is from faith and believing of everything inside of self. With this understanding, as you go out into the world, into your religions and your spiritualities, and you recognize, you start finding the like minds and the like hearts and the like people of your self, then you start realizing that this power increases, and as this power increases, when it is focused appropriately, miracles happen. When it is focused towards the best and brightest and greatest and lightest, and we mean that in a vibrational way, it is when you will be creating these various miracles.

We will say that religion and spirituality are not necessarily going to be at war with one another, but they will be facing each other off trying to figure out who is right and who is wrong. There is no right or wrong here. There is no good or bad here. Each of you, as an individual, must find the energy that identifies who you are and join with that energy. You will not join with the same energy. It is not necessary. It is not important. It is not exacting. You only join with the energy in which you are familiar, and when you are joined in that energy, that is when you start creating and manifesting. In your creation and manifesting, you will be amazed at what you can pull off. You will be able to focus, and that is going to be one of the new words coming up for this new year, is to be able to focus, to be able to pinpoint in what it is you are asking to accomplish so that it can

come about, not in a controlling way, but rather in an all encompassing way. There is information now between your Sun and your Earth that they never had in science before. They are using it to fit their scientific abilities. We are asking you to use this energy, as we have in the past, to recognize that **the Sun has information for you at all times, that on a vibrational level, on a light level, on working with a wave, when you are using this energy, it penetrates into your physicality in a way nothing else can.** When you are sending the information in on this wave as you can within your planet coming from the Sun to you, you then have power that you have never understood before. We are asking each and every person to become more aware of the power that they contain for each of you are nuclear bombs. You have within the nucleus of each and every one of your cells potential like you have never seen before. This potential can be opened, utilized, and capitalized upon within your religions and your spiritualities. **This is a power like you have not known.**

So you can use the term 'to pray for', and it will work just as well as meditation. You can use the term 'meditation', and it can work just as well as focus. It does not matter what you choose to call it. **What matters is how you take the energy and then focus it upon what it is you wish to be creating as long as you understand it cannot be done in a limiting way, but only in an energetic way.** By that we mean again that your emotions are your driving forces, and you must understand your emotions in order to make all of this work from that miraculous level and viewpoint.

It is an important thing to remember for all of your emotions are all over the place, You do not understand within yourselves how you are feeling in a given moment and therefore wonder why things do not happen the way you expect them to happen. **We are saying to you the reason they do not happen as you expect them to happen is that your focus was not put upon the right energy but rather upon the fearful outcome and not the desired outcome.** And that is what you will be seeing within your religions and spirituality, and why some of them will seem very powerful and others will not. You are already seeing within your news that religions that were out there from a more spiritual level are seeming less spiritual, such as your Scientology, and other religions that never really seemed spiritual are seeming more spiritual. You will see and notice. You will recognize by the blueprint of your own energetic being. Where you are drawn is where you need to go. You may not stay there. It does not matter. It is a moment to moment thing, and it is not one thing and one thing only.

MONEY & FINANCE

Finance can prove in so many ways to be better in this first quarter than you have seen it, and yet, the illusion that is out there right now in this moment is so huge, we do not know if you can see beyond it. We spoke about the difference between abundance and the dollar, and many of you understand it. Many of you still do not understand. So what we will say about finances for your first quarter is that **if you are able to take your energy and focus your energy in a way through the driving force of your emotions and the understanding of your right to have a certain comfort level and to not in any way look right or left about what could or could not happen, what is good or bad, or what you are deserving or not deserving of, but rather focus through the emotion that says I am deserving and accepting of, then what you can do is bring abundance into your life through a variety of ways and not just through the mighty dollar.**

You will find that in your first quarter of 2010 there will be many businesses folding. You will also find that there will be many smaller businesses starting. These are businesses who are recognizing the support aspect of working within community. These are businesses who are recognizing the product aspect of creating things that help in community. You will see that community will be the buzz word of your 2010 along with the term of focus, for when community focuses, there is no denying that it will bring results. So from a financial point of view, you are going to find that there will be some large companies breaking into smaller pieces versus folding. You will see some bigger things end so that some smaller things may begin. You will still see some people trying to gather the smaller things and make them bigger, but that effort will not quite work for what is happening now is the energy is dissipating itself away from the huge and into the

more manageable medium size.

There will be some who are already creating a small industry who will have no desire to make that industry larger, and we will say to them that is perfectly fine for who they are. You will find others who have started about a year to two ago with a smaller industry who will be ready to be expanding when all others seem to be falling apart. We will say to them that will be fine.

We will say to each of you in your financial situations, the more you worry, the more you put credence and energy into the value that you are perceived of having because of the dollars in which you have, then we will say the less dollars you will have for **the lesson that must be learned by all is that the value of the dollar does not create the value of the individual**. And the community's ability to work with one another, whether you are like-minded or not does not matter, the like minds are only about direction, not necessarily the way to travel in that direction. So each of you will be suffering setbacks if you allow the money to be the carrot. For those of you who do not need the carrot, **who can work from that place of focus and that place of focus comes from that place of joy, and that place of joy comes from that place of passion. When you are working in that way, all things abundant will be coming to you.**

But where your markets are concerned, you will be seeing extreme drops in some areas and extreme peaks in others. On your stock market in your country as well as in other countries it will be the same. There will be a sense with some of the tried and true companies that they are no longer tried and true and, just like your Tiger Woods, have been working from illusion. When they are found out to be what they are, things will shift and change, and as they shift and change, the financial piece will shift and change with them.

For those who will be stubborn and wish to stay in the size that they are, they will find that they cannot stay there. It has become unwieldy to have something too large to the point where the individual person is not taken into consideration. If your employees have become nothing but numbers, you are going to have a difficult first quarter. If your employees have become valuable assets because they are indeed people with minds and hearts then you will have a wonderful first quarter. If you, as an individual, are only thinking about how much money you can make in your first quarter, you will have a difficult first quarter. If you, as an individual, will open your heart and your mind to focus in the same direction of the recognition that what you are giving is wonderful and great and what you are receiving is wonderful and great, then you will have a good first quarter.

You will find that those people who deal in finance will have great difficulty understanding some of the new rules and regulations as you try to put yourself in a place of why are these things and why did these things happen. The answer to the question is easy as long as you recognize when you respond from a place of greed versus a place of necessity.

Greed and necessity will be some very interesting words that will be handled in your first quarter and thrown about by your governments as well as your religions. It is not just necessity or need that needs to drive the individual, and yet some will be made to feel as if there is something wrong with them if they strive towards all they are deserving of. **It will be an important lesson to know the difference between greed and abilities. The difference between being able to know you are deserving of without feeling that someone is more deserving than you.**

There will be many contradictory ideas on what is right and what is wrong where the finances are concerned, and we will say, as we have always said, it is for the individual to determine what is best and right for them in that given moment. In that given moment, if you are coming from your place of passion, you can expect rewards, and if in that given moment you are coming from your place of fear, you can expect equal rewards, just perhaps not in the positive way you were seeking them.

HEALTH AND MEDICINE

We spoke at other times of the way sound will be used in the future for your healing abilities, and now attached to sound, we have magnetism. They are beginning to experiment more with how things are done with magnetism, and yet you are not hearing about it. You are not seeing it for it is not a proven theory as yet. We will say for Health and Medicine, the things that are happening are

going to be on a curve a very huge change for they will be able to magnetize what is put inside of the body in order to adjust and change the magnetism of the body. You will be able to do it as an application through the magnets, although some people are not comfortable with them. You will be able to do it through the application of the field in which you are existing, meaning that you can change the magnetism of the rooms in which you sit.

We will suggest to all of you if you wish to have proof of this, to take some of the stones that you use to decorate, that you use to talk about, that you use within your own areas and charge them in a specific way so that whenever you walk into their field, you will feel a certain way. You can take the various stones, no matter their size, and you can put them in the four points of any given room, and you can charge them with the electro-magnetic force field of the area around them so that when you walk into that electro-magnetic force field you then align in a certain way towards your own comfort level. This should not feel so far-fetched, in fact should feel most comfortable when we speak of it for there is something inside of each of you that is going 'that makes sense'.

We are also going to say that science is going to understand better why in some areas of the globe there are healthier people than on other areas of the globe. They are going to start looking at the environment and how that plays. It is not about as much as it used to be. It is not about what is ingested as much as how, once it is ingested, it is then energetically utilized within the body. And that has to do with the charge.

You need to collectively come back to the concept of charging your food through prayer before ingesting. We have spoken of this at other times in other years of how your saying of grace has to do with aligning the food, the elements that you are ingesting, with the elements that you are.

As we change your vibration through working with your planet and yourself, it is necessary for you to support the vibrational changes in a more conscious way by what you ingest within your bodies. Understand that this is understood in some circles in some places, but not yet proven, and the reason it is not proven is because it changes with each individual. It shifts with each individual.

So, if you are having an issue, if you charge the elements you take into your system to work on that particular issue, then it will happen. If you continue, when you are eating, to worry that once you eat this you still are going to feel like that, then you are charging that particular issue.

It is more of the same that we were speaking of the energy changes for this coming year, but now it is happening on a micro level, so as the planet affects you what you ingest affects you, so it is the micro and the macro all over again. **So we are saying when you are working with the micro through either medication or food that you take into your physicality, we are saying you have the power and ability to charge, to align, to shift, to change, to make whatever it is you are taking within your system to work with your system towards your personal goals.** This is something that medicine is better understanding than they have before. They have, however, always used if it works here, this needs to be blocked in order for that to happen, and that is no longer the case. Rather, they will find that medications that block certain things, as your antihistamines will block your reaction to is not necessarily the answer to where they are choosing to go, but rather those things that open, accept, acknowledge, and then, and then, and only then shift the energy. Then those things will be happening towards a healthier, happier individual upon a healthy and happier planet.

So we will say to you in your first quarter you will not be seeing much of this making the news, and yet at the same time, a lot of this is happening behind closed doors. You may see it in some underground information. You may hear it in some alternative therapies. We will say, however, as we have also said in the past, there is no one way being the right way, and that each individual must see if for themselves. So if you eat a piece of chocolate and believe that it will make you fat, you are correct. If the other person eats a piece of chocolate and thinks it will get zits, they are correct. And if the other person eats a piece of chocolate and decides that it is absolutely imperative that their body have it for calmness, then they are correct. It is up to you what you wish do with your attitude towards chocolate or anything else that you ingest for you will have the power like you have never had before for we are speaking of focus, and as the medical world understands the concept of focus, as they have understood for years with placebo, when they see how else they can apply this information, they will be handed the tool that we spoke of earlier that will be opening

many doors toward the focus and the miracles.

ET'S

We will say to all of you expect us to be more talked about. Expect the concept of us to be more available than has been in the past. There is a fascination you have all had for a very long time about whether we are tiny green creatures or whether we are tall blonds. Sue laughs at that one. We will say to each of you, where ET's are concerned, it will be a more subtle announcement of our existence. We are not one as you understand, anymore than you are all one, and yet we are all part of the same whole and have found ways to utilize the energy individually and yet still accomplish the goals that we have individually. We will say that, if you continue to look to the skies, you will see more of us. If you see those miracles happening where something was supposed to blow up and then did not, you will see our hand in places like that as well

You will see the effect of our information through some of your scientific discoveries in your first quarter when some will turn around and start talking about some new ways of producing heat. The interesting thing we find with all of you is the resistance you have while you're searching for something new all the time. When the something new comes along, you do not embrace it. We are hoping through our many various energetic changes, that you will be able to embrace some of the things we will be bringing to you.

We are not the Visitors as your television has depicted. We are not some strange little tiny creatures who go around gnawing on people's leg bones. We are a energetic group that understands the use of energy on every possible level. And if things go according to the plan of this first stepping stone, you will be seeing, by the middle part of your year 2010, so not in your first quarter, but by the middle part more influence of ours, but not perhaps in a direct way.

We will say for your first quarter, it may still be a time where we will be seen but not heard. We will be able to be photographed. People will become more fascinated by, but you still have those who so resist change, that if we were to become too well known, we would not be embraced or accepted. In case you have not noticed, your species is one to address anything new with violence. So we will say to just keep your eyes on the skies for us, for we will be there.

RECAP

We will say then for you first quarter of 2010, to look to yourselves for your new sense of power, for it will be there if you allow it to blossom and grow. We will say to look to yourselves for any changes that are coming. We will say more than ever to be within, not just go within, more than ever to know what it means to understand the core of self, and for all of you now in the few short weeks you have left of your 2009, to recognize that you have built a lovely place within. It is time to be dwelling there more often.

We thank you for being open to receiving, and if we are needed in any other way, we hope that you will call upon us.